



Fine and Gross Motor Activities

Body Parts

April 17, 2020



Gross Motor and Fine Motor Movement For all grade levels and abilities

Lesson: April 17, 2020

Learning Target:

Identify and move body parts



Background:

- Students learn to associate words with different body parts
- Students learn to move their body parts

Let's Get Started:

Body Parts Mad Lib

To make this activity easier to do, print out the last two slides by clicking on the print icon in the top right corner and at the "pages" tab select "custom" then enter "5-6" to print the last two slides. If you don't have a printer just open the last slide, with the story on it and get a piece of paper and number 1 through 14 on it and have the others in the room name off body parts and fill in the words next to the numbers on the list. Then read the story out loud, as you work down the list inserting the words from the list in the blanks in the story.

Rules of the game:

The Writer:

One person gets a copy of the story and asks the others in the room to randomly choose words from the Body Parts list and say them out loud. The writer fills in the blank with the word and says "next" and continues until all the blanks are filled in with words. Don't let the others see the story until it is read out loud at the finish.

Others in the room:

Sharing the copy of the Body Parts word list, take turns saying a word out loud when the writer is ready for a word. As you say the word move your own body part. So, say you choose "hand", as you say it wave your hand in the air as you say "hand". If you can't say it then point at a word and have someone else say it for you, but try and move your own body part when they say it.

When the writer has all the blanks in the story filled in, someone needs to read the story out loud. Every time a body part is said in the story, everyone should wave, move, wiggle or twist that part. Read it slow and have fun laughing at the silly story.

Body Parts List:

shoulder

big toe

wrist

thumb

elbow

ankle

waist

palm

neck

knee

heel

hand

foot

leg

hip

arm

head

chest

eyes

finger

Body Parts Mad Lib:

A great idea popped into my _____. I should use my _____(s), to go for a walk. I used my _____ to open the door and step outside and take a deep breath with my _____, look both ways with my _____(s), clapped my _____(s) together and took a step with my _____. I forgot to look down where I was stepping and stubbed my _____, really hard on a rock, causing me to shout and hop around on my _____. I sat on the ground on my _____ and used my _____ to rub the soreness out of my _____. I stood up with my _____ and carefully looked up and down and all around with my _____ and took off on my walk.